



Sinai Health System and University Health Network Proudly Present:

# 2020 TORONTO GERIATRICS VIRTUAL UPDATE COURSE

**ZOOM WEBINAR | FRIDAY OCTOBER 30TH** 

## **PROGRAM OVERVIEW**

With the ageing of our population, there exists a growing demand for high quality accessible continuing medical education in Geriatrics.

We invite you to attend our eighth annual Geriatrics CPD Course which has been designed to provide front-line practitioners with the latest practical and evidence-based knowledge they need to better manage the care of their older patients.

This year we have adapted the format of our course to offer a virtual one day program which will feature high-quality interactive lectures by leading faculty from the University of Toronto and beyond. The course will focus on the assessment and management of geriatric syndromes and common issues that arise in the care of an older patient, with a specific focus on how to provide care during a infectious disease pandemic

# PROGRAM OBJECTIVES

After this educational conference, participants will be able to:

- Recognize and assess common geriatric syndromes in older patients.
- Manage common single and multifactorial medical issues in older patients; overall and particularly during the COVID-19 pandemic
- Establish an approach to address the common and often inter-related medical and social issues that occur within older patients.



# PROGRAM HIGHLIGHTS

- · Interactive Lectures
- Concurrent Breakouts
- · Relevant Infectious Disease Topics



## **TARGET AUDIENCE**

Family Physicians, Nurse
Practitioners, Nursing Professionals,
Therapists, Social Workers,
Geriatricians, Internists and other
Professionals working with older
patients.



## **CONTACT DETAILS**

Mashiat Haque, Project Assistant T: 416-586-4800 ext. 7380 E: geriatrics.msh@sinaihealth.ca

FRIDAY, OCTOBER 30TH		
8:30 AM -8:45 AM	COURSE REGISTRATION/LOGIN	
8:45 AM-9:00 A.M.	OPENING REMARKS	
9:00 AM-9:45 AM	BEST PRACTICES IN DELIVERING OUTSTANDING PRIMARY, COMMUNITY AND LONG TERM CARE SUCCESSFULLY DURING A PANDEMIC  Dr. Allan Grill, Chief of Family Medicine, Markham Stouffville Hospital Dr. Cathy Faulds, Associate Lead Physician, London Lambeth Family Health Organization	
9:45-AM-10:30 AM	A WHOLE NEW WORLD: NAVIGATING A RAPIDLY EVOLVING POLICY LANDSCAPE IN LIGHT OF COVID-19  Dr. Samir Sinha, Director of Geriatrics, Sinai Health and The University Health Network Dr. Nathan Stall, Staff Geriatrician, Sinai Health	
10:30 AM – 10:45 AM	BREAK	
10:45 AM – 11:30 AM	TOP 10 GERIATRIC MEDICINE ARTICLES OF 2020  Dr. Barry Goldlist, Staff Geriatrician, Sinai Health and University Health Network; Professor, Faculty of Medi-cine, University of Toronto	
11:30 AM – 12:15 PM	HOW TO BEST MANAGE BEHAVIOURAL ISSUES IN OLDER ADULTS WITH DEMENTIA AT HOME AND IN HOSPITAL AND LTC SETTINGS DURING A PANDEMIC  Dr. Andrea laboni, Geriatric Psychiatrist and Medical Lead of the Specialized Dementia Unit, Toronto Rehabilitation Insitute	
12:15 PM - 13:00 PM	LUNCH BREAK	
13:00 PM - 14:00 PM	CONCURRENT BREAKOUT SESSION #1: Option 1 or 2  OPTION 1: IN DEPTH: HOW TO BEST MANAGE BEHAVIOURAL ISSUES IN OLDER ADULTS WITH DEMENTIA AT HOME AND IN HOSPITAL AND LTC SETTINGS DURING A PANDEMIC Facillitator: Dr. Andrea laboni, Geriatric Psychiatrist and Medical Lead of the Specialized Dementia Unit, Toronto Rehabilitation Insititue  OPTION 2: ADRESSING MENTAL HEALTH, SOCIAL ISOLATION & ADDICTIONS DURING A PANDEMIC Facillitator(s): Ms. Leanne Ginty, Director, Nursing Education and Academic Affairs, Sinai Health Dr. Omar Ghaffar, Geriatric Psychiatrist and Physician Lead of Mental Health, Bridgepoint Active Healthcare Anna Siciliano, Social Worker Care Navigator, Circle of Care/Sinai Health System - Independence at Home Community Outreach Team	
14:00-15:00 PIM.	CONCURRENT BREAKOUT SESSION #2: OPTION 3 OR 4  OPTION 3: HOW TO MASTER A VIRTUAL CARE ASSESSMENT Facillitator(s): Dr. Angela Golas, Geriatric Psychiatrist, Centre for Addiction and Mental Health Dr. Elizabeth Niedra, Physician, Sprint Seniors Care House Calls Team Dr. Christa Sinclair Mills, Physician, Sprint Seniors Care House Calls Team Dr. Sarah Colman, Geriatric Psychiatrist, Centre of Addiction and Mental Health  OPTION 4: EXPERT MANAGEMENT OF COVID-19 IN FRAIL OLDER PATIENTS Faciiltator: Dr. Nathan Stall, Staff Geriatrician, Sinai Health	

# PLANNING COMMITTEE MEMBERS

# Dr. Samir Sinha, MD, DPhil, FRCPC, AGSF (Course Director)

Director of Geriatrics, Sinai Health and University Health Network

Associate Professor, Departments of Medicine, and Institute of Health Policy, Management and Evaluation, and Institute of Medical Sciences, University of Toronto

#### Dr. Arielle Berger, MD

Staff Geriatrician, Sinai Health and University Health Network

# Dr. Stephanie Kim, MD

Staff Geriatrician, Sinai Health nd University Health Network

## Dr. Barry Goldlist, MD, FRCPC, FACP, AGSF

Staff Geriatrician, Sinai Health and University Health Network

Professor, Department of Medicine, University of Toronto

# Ms. Leanne Ginty, RN, BScN, MEd, GNCC

Director, Nursing Education and Academic Affairs Sinai Health

Adjunct Lecturer, Lawrence S. Bloomberg Faculty of Nursing, University of Toronto

### Dr. Lindy Romanovsky, MD

Staff Geriatrician, Sinai Health and University Health Network

## Dr. Don Melady, BA, MD, CCFP(EM), FCFP

Emergency Physician, Schwartz Reisman Emergency Centre Mount Sinai Hospital

Associate Professor, Department of Family and Community Medicine, University of Toronto

## Dr. Karen Ng, MD, FRCPC

Staff Geriatrician, Sinai Health and University Health Network

Lecturer, Department of Medicine, University of Toronto

# Dr. Mark Nowaczynski, PhD, MD,

Clinical Director, SPRINT Senior Care House Calls Program

Assistant Professor, Department of Family and Community Medicine, University of Toronto

### Ms. Reena Ahluwalia, NP

Nurse Practitioner, General Internal Medicine and Geriatrics, Sinai Health System

## Dr. Thuy-Nga Pham, MSc, MD, CCFP

Physician Lead, South East Toronto Family Health Team

Assistant Professor, Department of Family and Community Medicine, University of Toronto

### Ms. Nicoda Foster, MPH

Project Manager, Geriatrics, Sinai Health System

### Ms. Elsa Nana Nzepa. BA,

Program Course Administrator, Geriatrics, Sinai Health System

## Ms, Mashiat Haque,. BA,

Program Course Administrator, Geriatrics, Sinai Health System

# **REGISTRATION INFORMATION**

## **REGISTRATION DEADLINE:**

Wednesday, October 28, 2020

## **COURSE FEES:**

Profession	Pricing	
Physicians	\$150	
Nurses, Allied Health Professionals	\$75	
Trainees	\$25 *To obtain the healthcare trainee/student discount please email an unofficial/official transcript that clearly indicates your student status to geriatrics.msh@sinaihealth.ca	

# TO REGISTER:

Please visit our website at https://sinaigeriatrics.ca/events-and-education/2020-toronto-geriatrics-update-course/#tab-id-1

# **CONFIRMATION OF REGISTRATION**

You will receive a email confirming your regsitration. ZOOM details will be circulated prior to course with any other final instructions

## CANCELLATION/REFUND POLICY

Cancellations received before October 6, 2020 will be refunded less a 25% administrative fee.

# **HOW TO REGISTER**

- Online: Pay via PayPal on our website: www.sinaigeriatrics.ca/event/2020-toronto-geriatrics-update-course
- Phone: Call 416-586-4800 ext. 7380 with your credit card information
- Fax: Fax the completed registration (below) to 416-586-5113

Please note: Registration will be processed on a first-come, first-served basis.

REGISTRATION FORM			
CONFERENCE REGISTRATION			
☐ I would like to attend this conference on October 30th			
BREAKOUT SESSIONS # 1 (No extra fee, pre-registration is required for the two concu	urrent seesions taking place.		
I would like to attend the session below for Breakout Sessi	ion #1 (1:00-2:00 PM):. Please select one of the two options below.		
<ul> <li>Option 1: IN DEPTH: How to Best Manage Behavioural Issues in Older Adults with Dementia at Home and in Hospital and LTC Settings During a Pandemic</li> <li>Option 2: Addressing Mental Health, Social Isolation &amp; Addictions During a Pandemic</li> </ul>			
BREAKOUT SESSION #2: (No extra fee, pre-registration is required for the two conc	current seesions taking place). Please select one of the two options below.		
I would like to attend the session below for Breakout Sessi  ☐ Option 3: How to Master a Virtual Care Assessment  ☐ Option 4: Expert Management of COVID-19 in Frail O  TITLE  ☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Miss	ion #2 (2:00-3:00 PM):. Please select one of the two options below.		
Last Name:	First Name:		
PROFESSION  ☐ Family Physician ☐ Geriatrician ☐ Internis ☐ Pharm. ☐ Resident ☐ Student ☐ Other (			
BILLING INFORMATION			
Address:			
City:	Province:		
Country:	Postal Code:		
Telephone:	Email:		
PAYMENT INFORMATION  ☐ \$150 (Physician) ☐ \$75 (Nursing and Allied F  ☐ Cash ☐ Cheque (please make cheque pa	Health Professionals) ayable to "MSH Geriatrics") □ AMEX □ Visa □ Mastercard		
Name on Card:	Card Number:		
CVD (3 digit number on back):	Expiry Date (MM/YY):/		