

COMMUNITY SERVICES DIRECTORY FOR ITALIAN SPEAKING OLDER ADULTS

ELENCO DEI SERVIZI SOCIALI E DI COMUNITÀ PER ANZIANI DI LINGUA ITALIANA

INFORMATION FOR OLDER ADULTS, FAMILIES,
AND CAREGIVERS



THIS DIRECTORY HAS INFORMATION ON:



Social
Services



Community
Organizations



Housing and
Support Services



Health
Services



Additional
Services Contact
Information



Sinai Health System

HEALTHY AGEING AND GERIATRICS

TABLE OF CONTENTS



SOCIAL SERVICES

3



ADULT DAY PROGRAMS

6



HOUSING SERVICES

9



HEALTH SERVICES

11



ADDITIONAL SERVICES

11



SOCIAL SERVICES

The organizations listed below offer referrals to social and other services such as counselling, and support to Italian-speaking older adults seeking help or general information.

BAYCREST



3560 Bathurst St., Toronto, ON M6A 2E1



t: 416-785-2500
ext. 2246



www.baycrest.org

SERVICES OFFERED:



Social Services

- Offers friendly weekly telephone visits and email messages, as well as access to a social worker for information, referrals or brief counselling upon request.

CANADIAN ITALIAN FAMILY ASSISTANCE ASSOCIATION



756 Ossington Ave., Toronto, ON M6G 3T9



t: 416-588-8042



www.costi.org

SERVICES OFFERED:



Social Services

- Offers information on foreign pensions, as well as documentation of government forms, translation and notarization services.

CENTRO ANZIANI



3010 Dufferin St., Main Floor, Toronto, ON M6B 4J5



t: 416-780-0407



[www.villacharities.com/
community-services](http://www.villacharities.com/community-services)

SERVICES OFFERED:



Social Services

- Offers financial services in Italian, culturally sensitive crisis interventions and counselling, as well as income tax clinics.

COSTI IMMIGRANT SERVICES



1710 Dufferin St., Toronto, ON M6E 3P2



t: 416-658-1600



www.costi.org

SERVICES OFFERED:



Social Services

- Offers La Carvalle Club, which provides support services, such as friendly visits at home or hospital.
- Offers recreational activities, translation and notarization services and assistance in accessing financial assistance programs.

RECONNECT COMMUNITY HEALTH SERVICES

 2562 Eglinton Ave. W., Suite 202, Toronto, ON M6M 1T4

 t: 416-787-2114  www.reconnect.on.ca

SERVICES OFFERED:



Social Services

- Offers assistance in finding and coordinating appropriate services, assistance with filling out forms, as well as education, training and support group referrals for families and caregivers.

TORONTO CENTRAL COMMUNITY CARE ACCESS CENTRE

 250 Dundas St. W., Suite 305 Toronto, ON M5T 2Z5

 t: 416-506-9888  www.healthcareathome.ca/torontocentral


SERVICES OFFERED:



Social Services

- Connects clients with a broad range of supports including home, community and long-term care services

YORK WEST ACTIVE LIVING CENTRE

 1901 Weston Rd., Toronto, ON M9N 3P5

 t: 416-245-4395  www.ywalc.ca

SERVICES OFFERED:



Social Services

- Offers a program that provides lunch while updating attendees on services and educating them on what is available in the community.





ADULT DAY PROGRAMS

The following Adult Day Programs provide recreational programs and opportunities for Italian-speaking older adults to socialize and stay active through physical activity. Many day programs have a variety of staff that include activity coordinators, social workers, and nurses.

BOOST DAY PROGRAM - LUMACARE



15 Clubhouse Court, Toronto, ON M3L 3L7



t: 416-398-5511



<http://lumacare.ca/programs-and-services/boost-adult-day-program/>

SERVICES OFFERED:



Adult Day Programs

- Offers therapeutic programs and caregiver respite for individuals living with stroke or other neurological disorders or who are frail.

COSTI IMMIGRANT SERVICES



1710 Dufferin St., Toronto, ON M6E 3P2



t: 416-658-1600
f: 416-658-8537



www.costi.org

SERVICES OFFERED:



Adult Day Programs

- Offers educational workshops related to ageing, English conversation circle, fitness program, and a variety of social activities.



DAVENPORT-PERTH NEIGHBOURHOOD & COMMUNITY HEALTH CENTRE



1900 Davenport Rd., Toronto, ON M6N 1B7



t: 416-656-8025
f: 416-656-1264



www.dpnchc.ca

SERVICES OFFERED:



Adult Day Programs

- Offers “Donnes Insieme,” an educational, recreational and social group for Italian-speaking women.

RECONNECT COMMUNITY HEALTH SERVICES



2562 Eglinton Ave. W., Suite 202, Toronto, ON M6M 1T4



t: 416-787-2114



www.reconnect.on.ca

SERVICES OFFERED:



Adult Day Programs

- Offers art classes, physical and cognitive exercises, and social and recreational activities for older adults who require both low and high levels of care.

REXDALE WOMEN’S CENTRE



925 Albion Rd., Suite 309, Etobicoke, ON M9V 1A6



t: 416-745-0062



www.rexdalewomen.org

SERVICES OFFERED:



Adult Day Programs

- Offers fitness classes, as well as social and educational events and activities.



VILLA COLOMBO



40 Playfair Ave., Toronto, ON M6B 2P9



t: 416-789-2113



www.villacharities.com

SERVICES OFFERED:



Adult Day Programs

- Provides a Frail Elderly Centre for frail older adults, an Alzheimer's day program for older adults with advanced dementia and a transition group for older adults with early cognitive impairment.

HOUSING SERVICES

The organizations below offer housing and support services including recreational activities, social programs, and health care services for Italian-speaking older adults.

ITALIAN CANADIAN BENEVOLENT SENIORS APARTMENT CORPORATION



901 Lawrence Ave. W., Toronto, ON M6A 1C3



t: 416-789-7011



www.villacharities.com

SERVICES OFFERED:



Housing Services

- Offers financial clinics, counselling on living independently, educational and recreational activities, and day trips
- Offers Italian meals to residents as well as meals on wheels
- Three locations:
 - Caboto Terrace - 3050 Dufferin St.
 - Casa Del Zotto 3010 Dufferin St.
 - Casa Abruzzo 338 Falstaff Ave.





KIPLING ACRES



2233 Kipling Ave., Toronto, ON M9W 4L3



t: 416-392-2300



www.toronto.ca/ltc/kiplingacres

SERVICES OFFERED:

Social Services



- Offers housing for older adults who are frail, socially isolated or who have a mild cognitive impairment
- Nursing, rehabilitation and social work services are available
- Offers recreation, spiritual and religious care and musical therapy to residents



FIND AN ITALIAN-SPEAKING DOCTOR

Go to cpso.on.ca, and select “Find a Doctor” under the Public Information and Services Tab at the top. You will see a form, select Italian for language of service, and enter other terms you would like to search for, such as location. Click “Submit” at the bottom of the page.



www.cpso.on.ca/Public-Information-Services/Find-a-Doctor

FIND A DENTIST

Go to rcdso.org, click on Find a Dentist, then click Search a Dentist. Enter as many search terms as you wish (such as city and specialty) and press Search.



www.rcdso.org

FIND AN ITALIAN-SPEAKING OPTOMETRIST

Go to collegeoptom.on.ca, click on Find an Optometrist. Enter Italian for language of service and your location and press Search.



www.collegeoptom.on.ca

FIND A PHARMACY

Go to ocpinfo.ca, click on Public, then click Find a Pharmacy. Enter your location and press Search.



www.ocpinfo.com

TORONTO SENIORS HELPLINE

The Toronto Seniors Helpline is a single phone line that streamlines access to community, homecare and crisis services for older adults, their caregivers and their health care providers, and operated through Woodgreen Community Services.



t: 416-217-2077

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Visit www.sinaigeriatrics.ca/healtheducation for additional resources for older adults, families and caregivers.